

Ex-Olympic High Jumper

# DALTON GRANT

Would love to talk to your students

We are very pleased and excited to welcome Dalton Grant as a VIP Supporter of School Councils UK. We are delighted he will be working with us to encourage young people to think about and take control of their fitness and eating habits, as well as showing them that if you dream big you can achieve big!

Dalton is a former Olympic High Jumper who has won four National titles for Great Britain in the high jump event. Between 1988 and 1991 he set nine successive National records and from there went on to win Gold in the 1998 Commonwealth Games in Kuala Lumpur.

He was a Board Director of the London 2012 Olympic bid team and was also Captain of the GB & NI Team.

He inspires and shares his experience and talent with the younger generation. With his background as an elite athlete he understands pressure, self-discipline and the importance of remaining focussed on your goals.

Dalton will visit your school, meet your students and talk to them about his experiences as an athlete.

In this very exciting time building up to the London 2012 Olympics, what could be more inspiring for your students than someone who has achieved his Olympic dream. Sport, general fitness and healthy eating are hugely important and do have a positive impact on young people's achievement and life goals. Let them hear it from someone who really knows.



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